



CAT DANTAS

ACTOR • RIO DE JANEIRO / LOS ANGELES • PORTUGUESE • ENGLISH

BIOGRAPHY

Cat Dantas is a Brazilian actor working between Rio de Janeiro and Los Angeles, drawn to intense, transformative characters across film, television and streaming. She trained for ten years at the Lee Strasberg Theatre & Film Institute (2014–2024) and studied Acting and Auditioning for Film at UCLA with casting director Wendy Kurtzman.

In 2026 she led **Deixe-me Viver** as Júlia – a young woman who stops her cancer treatment to live the time she has left – and took the film to the Marché du Film in Cannes. The same year she reached theaters in the comedy **Os Emergentes**.

FILM

Deixe-me Viver 2026

Let Me Live · Júlia, lead · Directed by Walther Neto · With Mônica Carvalho and Humberto Martins

MARCHÉ DU FILM – CANNES 2026

Os Emergentes 2026

The Upstarts · Jessica · Directed by Hsu Chien Hsin · Comedy, in theaters July 2026

Nunca Prometi um Mar de Rosas 2024

Ida, lead · A young autistic woman

Upcoming

Juntos Para Sempre · Julieta e Romeo

TELEVISION

As Sete Marias 2026

Zahara · Record

A Vida de Jó 2025

Zilá (ages 16–21) · Record

Família é Tudo 2024

TV Globo

Mister Maker Around the World BBC

British production

AUDIENCE

3.2M

followers on TikTok

2.5M

followers on Instagram

71.5M

views on a single scene

TRAINING

- Lee Strasberg Theatre & Film Institute – 2014–2024
- UCLA, Acting and Auditioning for Film (Wendy Kurtzman) – 2023
- Art of Acting Studio, LA, Film & TV Intensive – 2025
- Ivana Chubbuck – 2026
- Eduardo Milewicz, “Quando Ascende a Câmera” – 2025
- Walter Rippel, on-camera intensive – 2023–2026
- Wolf Maya Acting School – 2021–2023
- New York Film Academy – 2022

RECOGNITION

- Best Actress – MG NY Talents, 2019
- Nominee – Rio WebFest, 2019
- Screening – Marché du Film, Cannes, 2026

REPRESENTATION

Destaque Imagem

Rio de Janeiro

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